

*Blue Heron Lodge
2010
Freeze-O-Ree*

Participants' Guide

*January 29-31, 2010
Camp Lions
Pipsico Scout Reservation
Spring Grove, VA*

Blue Heron Lodge 2010 Freeze-O-Ree

Welcome to the 2010 Freeze-O-Ree!! We have a full weekend of fun events and activities planned for you.

Who: All Tidewater Council Troops, Crews, Posts, and Ships

What: Freeze-O-Ree/Winter Camping

Theme: Celebrating 100 Years of Scouting

When: Friday, January 29th through Sunday, January 31st, 2010
Opening time: 5 p.m. Friday
Closing time: 12 noon. Sunday

Where: Camp Lions - Pipsico Scout Reservation, Spring Grove, VA

Directions to Pipsico: Go to the Tidewater Council website: <http://www.tidewaterbsa.com> and click on the "Camping" link at the bottom of the homepage. On the new page, click the "Pipsico Scout Reservation" link at the top of the page. Next scroll down to and click on the "Directions to Pipsico Scout Reservation" link. Print the .pdf document that appears, load up your vehicle and go.

Why: The Freeze-O-Ree will provide a fun-filled set of challenging outdoor experiences centered on winter camping, fellowship, and service. The program will consist of a variety of camp service projects, Saturday sports competitions, an OA Brotherhood walk, and a Saturday evening campfire program.

Rules: As always, follow the Scout Oath and Law, the Outdoor Code, and the Guide to Safe Scouting

Freeze-O-Ree Leadership

Event Chairman:	Preston Marquis, prestonmarquis@Hotmail.com
Event Adviser:	Joseph Bottum Handy225@cox.net

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Registration: Units may pre-register by Saturday, January 23rd, 2010 at no cost. Late registration will be accepted at \$3.00 per person until January 27, 2010. No registration will be accepted after January 27, 2010. All units must pre-register for the Freeze-O-Ree. The Freeze-O-Ree **staff CANNOT accept any on-site registrations**. Your unit registration date and the number of registered members will determine your campsite assignment. Please register at the Tidewater Council Service Center, 1032 Heatherwood Drive, Virginia Beach, VA 23455. A registration form is included in this guide.

Costs: Admittance to the Freeze-O-Ree is **free** for units and staff registering by the registration deadline, Saturday January 23rd, 2010. The admittance fee increases to \$3 per person after January 23 until January 27. The registration does **NOT** include a patch. Units desiring Freeze-O-Ree patches may purchase them for \$3 each when they check in onsite.

Check-In: Check-in will begin at 5pm at the Gregson Center. Please do not arrive early. All units must check-in and receive their campsite assignment prior to entering the camp area. During check-in, each unit will present a completed copy of the Unit Roster found in the back of this guide and be prepared to update its registration form. Computer generated rosters are acceptable so long as they contain similar information.

Parking: Because of the limited road access and to ensure the safety of all participants, **no vehicles (no cars, no trucks,) will be allowed into any part of the Freeze-O-Ree camping area**. The camping area is defined as inside the Burton Center gate and Site 10. Vehicles may be parked on the shoulder of the road adjacent to their camp area for unloading only. Following unloading, all vehicles must be moved to the designated parking lot (the Burton Center for Camp Lions). Trailers may be unhooked from the tow vehicle and left in the campsite. Units must plan to pack all their equipment into their campsites. The average distance from the road to the campsites is estimated to be not more than 200 yards. Handcarts will be available for the transporting of gear. **The gate by the Burton Center will be closed to traffic from the start of the program on Friday evening until after religious services Sunday morning**. Units planning to arrive and/or depart during the program hours will have to pack out their equipment as the gate will remain closed

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Campsites: Units should set up their campsite with their unit identification number, an American flag, and unit and patrol flags. They should post duty rosters and schedules in their site.

Water: Water will be available at the Gregson Center. Units will need to bring 2- to 5-gallon containers to carry water. Units are encouraged to pre-fill their containers prior to arriving at the Freeze-O-Ree. Water buffalos at the Dining Hall are reserved for the OA Cook Crew's use only.

Fires and Cooking: All units should plan to cook using propane/liquid fuel stoves or fully contained charcoal grills. Fires **may** be prohibited depending on the status of the State and City fire prohibitions in effect on the weekend of the Freeze-O-Ree. The Campmaster will update units on the current fire policy at check-in. Firewood is available at the Freeze-O-Ree site. Units planning to have fires must post water buckets or a fire extinguisher in the fire area. Units must ensure fire extinguishers are available in all cooking areas.

Meals: The OA will provide two complimentary meals on Saturday, a lunch and cracker barrel after the campfire. Units may also register for an optional Sunday morning pancake breakfast at a cost of \$3 per person. This fee may be paid onsite when purchasing patches.

Trash Disposal: Freeze-O-Ree participants should practice Leave No Trace principles to the maximum extent practicable. **If you pack it in - you pack it out!** Units should place their refuse in trash bags and take it to the dumpsters in the barn area at the front of the reservation when they depart.

Latrines: Latrines will be available in the activity area and in the campsites. When exiting a latrine, please leave it such condition that you would not mind using it again. Please remember your manners and the Scout Law. Units should bring extra toilet paper in case the supply runs out. **Be Prepared.**

Leadership: All unit leaders are responsible for the conduct of their personnel and any unit visitors. Each unit must have enough adult leaders on site to conform to the BSA's *Youth Protection Guidelines* and the *Guide to Safe Scouting*.

Leader Meetings and Cracker Barrels: All Senior Patrol Leaders, Scoutmasters, and other unit leaders will meet in the Dining Hall at 9:30 p.m. Friday and 10 p.m. Saturday to discuss the following day's events and to give the staff feedback on that day's events.

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Uniforms: All participants (Scouts, Venturers, and Scouters) are expected to wear a complete official Scout Field Uniform (commonly called "Class A") during check-in, check-out, at flag ceremonies, and the Sunday morning religious services. Order of the Arrow members should bring their sashes. At all other times participants may wear an activity uniform consisting of a troop or camp T-shirt with Scout pants or shorts (commonly called "Class B"). Leaders must monitor their units to ensure that clothing reflects good taste and our high standards.

Visitors: Visitors are welcome and encouraged at the Freeze-O-Ree. Unit leaders are responsible for their unit's visitors. Please ensure that your visitors do not interfere with the activities being conducted. All visitors must check in and out at the Burton Center and identify the unit they are visiting and their estimated departure time.

Medical Services: All units should bring a unit first aid kit and treat injuries within their capabilities. Units **must** report all injuries and other medical situations to the Freeze-O-Ree staff at the Medical Lodge, even those they treat themselves. Qualified medical personnel will be on duty at the Medical Lodge at all times. If necessary, the Freeze-O-Ree staff will contact emergency medical services and ambulance services using 911. Unit leaders are expected to control all medications within their units.

Taps/Lights Out: A Scout is Courteous. Taps are at 11:30pm. Unit leaders must ensure that fires and lanterns are out and that all their youth have retreated to their tents and are quiet.

General Rules:

1. Sheath knives, fireworks, pets, firearms, electronic games, radios, TVs and tape/CD/DVD/MP3 players are NOT permitted.
2. Unit leaders are responsible for their Scouts and visitors to the Freeze-O-Ree. Scouts are not permitted to roam through campsites during scheduled program activities.
3. Scouts are not permitted to leave the boundaries of the Freeze-O-Ree site.
4. Absolutely no swimming, wading, or fishing in the creeks, lake or river. Lifeguards are not available and Safe Swim Defense preparations have not been accomplished.

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Bad Weather: Be Prepared. There is no rain date for the Freeze-O-Ree. All units should be prepared for foul weather. All units should have an emergency weather plan in place detailing where to meet up in the event of severe weather.

Religious Services: A Scout is Reverent. All participants are encouraged to attend one of the religious services scheduled for Sunday morning. A non-denominational worship service is scheduled. Please wear a full uniform to the service you attend. Services will be provided by the Blue Heron Lodge Chaplain Staff.

Feedback: Units are encouraged to provide constructive feedback to the staff at the evening Leader Meetings/Cracker Barrels. Additionally, please complete the attached Freeze-O-Ree Evaluation Form and return it to the staff headquarters at check-out.

Check-Out: Following closing ceremonies on Sunday, all units must depart by 12 noon. When ready for check-out, send a representative to the staff headquarters so a commissioner can inspect your site. Units will receive their patches upon the successful completion of their final site inspection and submission of a Freeze-o-Ree evaluation form. Vehicles will **not** be allowed into campsites for unit pack-out until after religious services.

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Schedule of Events

Friday, January 29, 2010

5 - 10pm	* Unit Check-in, Site Assignment, Unit Set-up
5:29pm	Sunset
9:30 - 10pm	SPL/Scoutmaster meeting/Dining Hall
11:30pm	Taps, Lights Out, Camp Quiet

Saturday, January 30, 2010

7:12am	Sunrise
7:00 - 8:40am	Reveille and Breakfast in campsites
8:40am	Move to Program Area with Troop and American flags
8:45am	* Opening Flag Ceremony and Announcements
9 - 11:30am	Morning service activities
11:30am - 1pm	Lunch and siesta
1 - 4pm	Afternoon program activities
1pm	* OA Brotherhood Walk
4 - 7:30pm	Dinner in campsites, site cleanup and leisure time
5:30pm	Sunset
7:30 - 9:30pm	Campfire/ Cracker Barrel
10 - 10:30pm	SPL/ Scoutmaster Meeting/OA shelter
10 - 11:30pm	Unit time in campsites
11:30pm	Taps, Lights Out, Camp Quiet

Sunday, January 31, 2010

7:11am	Sunrise/Reveille
7:45am	* Move to Program Area with Troop and American flags
7:50am	* Flag Ceremony
8:00am	Pancake breakfast
9 - 9:30am	* Religious Services; quiet about the camp.
9:30am - 12 noon	Unit site inspections and check-out

Note:

*** Events requiring full uniform.

2010 Freeze-O-Ree Unit Roster

Unit: _____

Senior Patrol Leader: _____ Scoutmaster: _____

Patrol:	Patrol:
Patrol:	Patrol:
Adults:	

Note: Computer generated forms with similar content are acceptable substitutes.

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Unit Registration Form

Account Number: 1-6701-464-21

Sellwise: 6960

Unit Type (Please circle) Troop, Crew, Post, Ship	Unit Number	Contact Person		
		Address		
		City, State ZIP		
		Phone		
		E-mail		
We are registering		Number	Late Fee	Amount
Youth			x \$3	\$
Adults			x \$3	\$
		Number	Cost	Amount
Brotherhood Registration Fee (Order of the Arrow members only)			X\$15	\$
Total submitted (late fees apply only if registering after Jan.23)				\$
Special Needs: please describe any special accommodations that members of your unit may need: 				
For official use only:				
Date Received:				
Campsite assigned:				

**Notes: There will be no on-site registration.
 Units must pre-register by January 27, 2010.
 Rosters of attendees will be collected at check-in.**

Campsites will be assigned on a first-registered, first-served basis.

Registrations are completed through the Council Service Center only.
 1032 Heatherwood Dr., Virginia Beach, VA 23455 (757) 497-2688

2010 Freeze-O-Ree Evaluation

Please rate the following on a scale of 1-5 (5 being the best)

Location (site & facilities)	1	2	3	4	5
Leaders' Guide (overall):	1	2	3	4	5
Did it help prepare you for this weekend?	1	2	3	4	5
Was it available in time?	1	2	3	4	5
(1: Way too late, 5: Right when I needed it.)					
Was any information missing? Please elaborate:					
Staff (overall):	1	2	3	4	5
Ease of registration:	1	2	3	4	5
Was the staff responsive?	1	2	3	4	5
Demonstrations & Activities (overall):	1	2	3	4	5
Fit with the theme	1	2	3	4	5
Quality of personnel	1	2	3	4	5
Were they interesting?	1	2	3	4	5
Would you like to see this theme again?	1	2	3	4	5
Activity difficulty	1	2	3	4	5
Met advancement requirements	1	2	3	4	5
Campfire (overall)	1	2	3	4	5
Length of skits / program	1	2	3	4	5
Quality of skits / program	1	2	3	4	5

Would you like to help plan the next Freeze-O-Ree?

_____ Yes, count me in. _____ Don't know, call me when it's time.

_____ I might be able to help out in a limited capacity.

Name: _____ Phone: _____

E-mail: _____ Unit: _____

Suggestions: (What did we do wrong? What did we get right? How can we improve for next year?) (Continue on reverse, if necessary.)